

Linking with Families

This short information DVD describes the key findings from a two year research project conducted by the University of Bradford, and funded by the Foundation for People with Learning Disabilities. The research team focused on the experiences of families from two South Asian communities (Pakistani and Bangladeshi) who have teenage relatives with learning disabilities and additional mental health problems. The project piloted the use of a liaison worker who supported families to access appropriate advice and support.

The findings of this research indicated that young people from Pakistani and Bangladeshi communities and their families experience significant problems in accessing services. These arise from lack of knowledge and awareness about what support is available, language barriers, inability or reluctance to get help, and perceptions and beliefs about caring and the role of the family. The families who had received help from the liaison worker had significantly more frequent contact with a wider range of services and with more positive outcomes than those who had not.

The DVD is made up of short clips of film with key findings that professionals and services need to consider when working with people from the South Asian community.

Audience. The key audience are professionals and organisations providing support to people with learning disabilities and mental health problems.

Price: £10

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