

New Website Launched

Health Information in 8 languages in an audio and written format

A new website has just been launched by Sheffield, Leicester and Nottingham PCT's. It gives health information in 8 languages in an audio and written format. The information covers the preventive aspects of heart disease, i.e. healthy eating, exercise, high blood pressure, smoking, alcohol and stress. Diabetes, TB and Cervical screening. Mental health topics will be added shortly.

The web address is: www.soundshealthy.nhs.uk