

Journal of Muslim Mental Health

The Journal of Muslim Mental Health intends to identify the mental health care needs of Muslims. In order to conduct effective clinical assessments, form accurate diagnostic opinions, develop effective interventions, and formulate successful health policy for diverse communities, the historical, societal, and cultural contexts must be well understood. The Journal of Muslim Mental Health provides an academic forum for exploring social, cultural, historical, theological, and psychological factors related to the mental health of Muslims in North America as well as that of the global Muslim community.

A void in the Muslim mental health literature has become increasingly glaring. What is the impact of current geo-political conflicts on the mental health of Muslims worldwide? What are the mental health belief systems and coping behaviours of ethnically and geographically diverse Muslim groups? Do mental health professionals and institutions provide a culturally and religiously responsive approach to their Muslim clients?

The Journal of Muslim Mental Health will make relevant research data, typically overlooked by more general mental health journals, readily available within and beyond the academic community. In addition to important theoretical contributions, the Journal will inform service-oriented work that will allow institutions and public service systems to deliver more effective mental health care to their Muslim communities. The Journal will moreover provide a forum for the advancement of epidemiological studies of mental illness in Muslim countries, culturally valid psychometric scales, religiously sensitive psychotherapy techniques, and outcome research on mental health prevention and intervention programs.

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