

Muslim Women's Helpline

This confidential telephone helpline offers information, advice, and a listening service for Muslim women from any ethnicity. Some face-to-face counselling is available.

It is open Monday to Friday from 10.00 am to 4.00 pm.

Advice Line Tel: 0208 904 8193 or 0208 908 6715

Administration Line Tel: 0208 908 3205