

## Sibs

Sibs is for people who grow up with a brother or sister with special needs, disability, chronic illness. This group of people are often referred to as 'siblings'. There are at least 2 million of these siblings in the UK. Many siblings need support, information and advice at different stages of their lives.

Growing up with someone with special needs can be very rewarding and very difficult at the same time. When someone in the family needs a huge amount of help and support, this can have a negative impact on the other family members.

The single biggest issue for child siblings is not getting enough attention from their parents. For adult siblings the biggest issue is worrying about who will care for their brother and sister when their parents are no longer able to.

Our purpose is to make a positive difference to the lives of siblings – to make growing up with someone with special needs a bit easier.

Sibs is a registered charity and the majority of trustees are adult siblings.

Sibs is supported by the Lloyds TSB Foundation for England and Wales.

[www.sibs.org.uk](http://www.sibs.org.uk)