

**Get Active Today: PRIAE Report**  
*Care Services Improvement Partnership*

The Policy Research Institute on Ageing and Ethnicity (PRIAE) has published the report of a three-year project to promote physical activity among black and minority ethnic (BME) elders. It recommends that:

- BME elders are offered support by professionals, carers and families;
- easily accessible information is provided;
- needs of different faiths and cultures are considered; and
- community champions are identified.

A DVD demonstrating a range of culturally sensitive physical activities for older people can be ordered online at:

[www.changeagentteam.org.uk/index.cfm?pid=34&catalogueContentID=3245](http://www.changeagentteam.org.uk/index.cfm?pid=34&catalogueContentID=3245)